

# DOUBLE TONGUING SCALE EXERCISE

Kristin Wolfe Jensen  
The University of Texas at Austin

In the exercise below, all notes should be completely connected. The airflow should be constant so there is no space between the notes. Start with the metronome at 60 for the eighth note, and move the metronome faster only when each step is clean, even, and in tune. Eventually, you will change the note values to sixteenth notes, and pattern #3 (all "G") will not be possible much beyond MM 100. Your long term goal (very long term), should be sixteenth notes at quarter =168.

Always practice all 5 patterns. Pattern #1, with everything slurred, is designed to ensure that your fingers are moving evenly. If even-finger movement is not established, the tongue cannot coordinate with the fingers, and will always sound sloppy.

If the "G" stroke is flat or late, try positioning your entire tongue closer to the roof of your mouth for the whole process. Also, try moving the contact spot for the "G" stroke farther forward on your tongue. Ensure that your air is constant and well supported, but not forced.



1. All slurred.
2. Single "D" tongue. No space between notes.
3. Single "G" tongue.
4. Double "DG" tongue.
5. Double "GD" tongue.